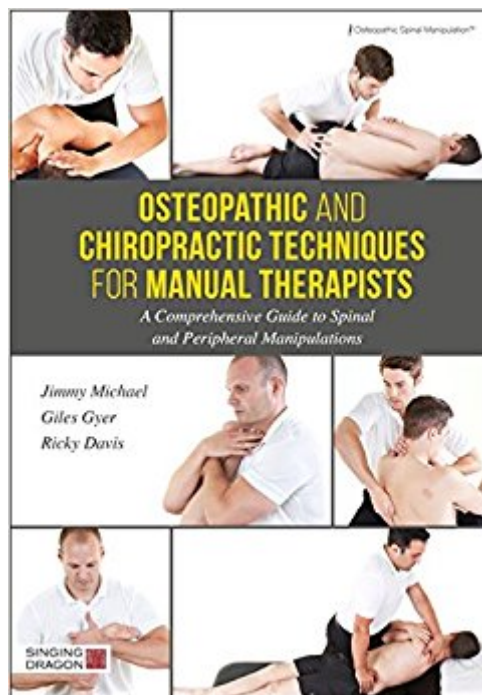


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# Osteopathic And Chiropractic Techniques For Manual Therapists: A Comprehensive Guide To Spinal And Peripheral Manipulations



## Synopsis

The first book ever to bring together the best techniques from chiropractic and osteopathy, this easy-to-use guide is necessary reading for any manual therapist wishing to hone their skills, and discover related techniques that will enhance their practice. Offering practical step-by-step instruction on how to treat a full scope of musculoskeletal conditions, this duo-disciplinary guide draws on current anatomical and physiological research to bring all the most advanced and adaptive manipulation therapy techniques to your fingertips. Providing a brief history of the two central branches of manual therapy, it gives a valuable insight into how manipulation therapists can benefit from sharing ideas and integrating versatile techniques across practices, before providing clear, illustrated references for how to apply the methods on specific sections of the body. Demonstrating how to relieve common ailments, recognise contraindications and take excellent safety precautions, this is the ideal companion for practitioners and students of manipulation therapy for the whole body.

## Book Information

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## Customer Reviews

A superb collection of valuable information regarding the use of HVLA manipulations for any manual therapist, regardless of background or school of thought. This book would make a remarkable addition to anyone's library who wishes to further their understanding and performance of the techniques they are utilizing. -- Cody Phillips, PTA Director of Social Networking at American Musculoskeletal Institute This book is an essential buy for undergraduate and postgraduate

physiotherapists, osteopaths and chiropractors looking to develop their manual therapy skills. I have attended the authors' Chiropractic and Osteopathic Manipulation course, and the book complements it perfectly with clear illustrations and descriptions of the techniques they taught, along with enhanced theoretical knowledge to enable their safe and effective application. I will certainly be using this book to facilitate my continued clinical practice. -- Joe Lewis BSc MCSP HCPC, Premier League Football Physiotherapist A much needed compendium ... which delivers a greater body of knowledge and practical skills to any practitioner of manual manipulation. -- Ulrik Sandstrom BSc, DC, ICCSD, FRCC, FBCA, FEAC, elite sports chiropractor and fellow of the Royal College of Chiropractors

A superb collection of valuable information regarding the use of HVLAT manipulations for any manual therapist, regardless of background or school of thought. This book would make a remarkable addition to anyone's library who wishes to further their understanding and performance of the techniques they are utilizing. (Cody Phillips, PTA Director of Social Networking at American Musculoskeletal Institute) This book is an essential buy for undergraduate and postgraduate physiotherapists, osteopaths and chiropractors looking to develop their manual therapy skills. I have attended the authors' Chiropractic and Osteopathic Manipulation course, and the book complements it perfectly with clear illustrations and descriptions of the techniques they taught, along with enhanced theoretical knowledge to enable their safe and effective application. I will certainly be using this book to facilitate my continued clinical practice. (Joe Lewis BSc MCSP HCPC, Premier League Football Physiotherapist) A much needed compendium ... which delivers a greater body of knowledge and practical skills to any practitioner of manual manipulation. (Ulrik Sandstrom BSc, DC, ICCSD, FRCC, FBCA, FEAC, elite sports chiropractor and fellow of the Royal College of Chiropractors)

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